

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary.** For more information about your coverage, or to get a copy of the complete terms of coverage, visit <https://ConcordiaPlans.Quantum-Health.com> or call 1-833-740-3260. For definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary/> or call 1-800-877-1122 to request a copy.

Important Questions	Answers	Why This Matters:
<b>What is the overall <a href="#">deductible</a>?</b>	\$600 individual/\$1,200 family network \$1,800 individual/\$3,600 family non-network (medical and mental health combined)	Generally, you must pay all of the costs from <a href="#">providers</a> up to the <a href="#">deductible</a> amount before this <a href="#">plan</a> begins to pay. If you have other family members on the <a href="#">plan</a> each family member must meet their own individual <a href="#">deductible</a> (embedded) until the total amount of <a href="#">deductible</a> expenses paid by all family members meets the overall family <a href="#">deductible</a> .
<b>Are there services covered before you meet your <a href="#">deductible</a>?</b>	Yes. <a href="#">Preventive care</a> is not subject to <a href="#">deductible</a> .	This <a href="#">plan</a> covers some items and services even if you have not yet met the <a href="#">deductible</a> amount. But a <a href="#">copayment</a> or <a href="#">coinsurance</a> may apply. For example, this <a href="#">plan</a> covers certain <a href="#">preventive services</a> without <a href="#">cost sharing</a> and before you meet your <a href="#">deductible</a> . See a list of covered <a href="#">preventive services</a> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
<b>Are there other <a href="#">deductibles</a> for specific services?</b>	No	You do not have to meet <a href="#">deductibles</a> for specific services.
<b>What is the <a href="#">out-of-pocket limit</a> for this <a href="#">plan</a>?</b>	\$3,000 individual/\$6,000 family network \$9,000 individual/\$18,000 family non-network (medical, mental health and pharmacy combined)	The <a href="#">out-of-pocket limit</a> is the most you could pay in a year for covered services. If you have other family members in this <a href="#">plan</a> , they have to meet their own <a href="#">out-of-pocket limit</a> (embedded) until the overall family <a href="#">out-of-pocket limits</a> has been met.
<b>What is not included in the <a href="#">out-of-pocket limit</a>?</b>	DAW penalties (difference in cost between generic and brand if generic alternative is available), <a href="#">specialty drug copayment</a> assistance programs, <a href="#">premiums</a> , <a href="#">balance-billing</a> (unless <a href="#">balance-billing</a> is prohibited) charges, and health care this <a href="#">plan</a> doesn't cover.	Even though you pay these expenses, they do not count toward the <a href="#">out-of-pocket limit</a> .
<b>Will you pay less if you use a <a href="#">network provider</a>?</b>	Yes. See <a href="https://ConcordiaPlans.Quantum-Health.com">https://ConcordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260 for a list of <a href="#">network providers</a> .	This <a href="#">plan</a> uses a <a href="#">provider network</a> . You will pay less if you use a <a href="#">provider</a> in the <a href="#">plan's network</a> . You will pay the most if you use an <a href="#">out-of-network provider</a> , and you might receive a bill from a <a href="#">provider</a> for the difference between the <a href="#">provider's</a> charge and what your <a href="#">plan</a> pays ( <a href="#">balance billing</a> ). Be aware, your <a href="#">network provider</a> might use an <a href="#">out-of-network provider</a> for some services (such as lab work). Check with your <a href="#">provider</a> before you get services.

Do you need a <a href="#">referral</a> to see a <a href="#">specialist</a> ?	No	You can see the <a href="#">specialist</a> you choose without a referral.
--	----	---



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations & Exceptions & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
<b>If you visit a health care <a href="#">provider's</a> office or clinic</b>	<a href="#">Primary care</a> (PCP) visit to treat an injury or illness	\$25 <a href="#">copayment deductible</a> waived	\$50 <a href="#">copayment deductible</a> waived	<a href="#">Copayment</a> applies only for evaluation and management. Surgery performed in office setting is subject to <a href="#">copayment</a> , <a href="#">deductible</a> waived. Additional charges are subject to <a href="#">deductible</a> and <a href="#">coinsurance</a> .  You may have to pay for services that are not preventive. Ask your <a href="#">provider</a> if the services needed are preventive. Then check what your <a href="#">plan</a> will pay for. Immunizations for children through age 4 are no charge <a href="#">deductible</a> waived network and non-network.
	<a href="#">Specialist</a> (SCP) visit	\$45 <a href="#">copayment deductible</a> waived	\$90 <a href="#">copayment deductible</a> waived	
	<a href="#">Preventive care/screening/immunization</a>	No charge <a href="#">deductible</a> waived	Not covered	
<b>If you have a test</b>	<a href="#">Diagnostic test</a> (x-ray, blood work)	Outpatient: 20% <a href="#">coinsurance deductible</a> Preferred Independent Lab: 10% <a href="#">coinsurance deductible</a>	40% <a href="#">coinsurance deductible</a>	Diagnostic testing during an office visit is subject to applicable office visit <a href="#">copayment</a> , deductible waived. Diagnostic testing during the emergency room visit or urgent care visit is subject to applicable <a href="#">copayment</a> .
	Imaging (CT/PET scans, MRIs)	20% <a href="#">coinsurance deductible</a>	40% <a href="#">coinsurance deductible</a>	<a href="#">Preauthorization</a> required for MRI/MRA and PET scans.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations & Exceptions & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
<p><b>If you need drugs to treat your illness or condition</b></p> <p>More information about <a href="#">prescription drug coverage</a> is available at <a href="https://ConcordiaPlans.Quantum-Health.com">https://ConcordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260.</p>	Generic drugs	\$10 <a href="#">copay</a> : 30 days \$25 <a href="#">copay</a> : 31-90 days <a href="#">Deductible</a> does not apply	Not covered	<p>Some medications require <a href="#">preauthorization</a> or step therapy program adherence. <a href="#">Specialty Drugs</a> must be purchased through Prescription Mart, a specialty mail-order pharmacy available through EmpiRx Health, however, a first fill is allowed at a retail pharmacy. Exceptions may apply.</p> <p>If a prescription is presented with a “dispense as written” (DAW) for a brand drug but an equivalent generic drug is available, the member will pay the <a href="#">copay</a> for the brand drug plus the difference in cost between the generic drug and the brand drug. The cost difference (penalty) will not apply to the <a href="#">deductible</a> or out-of-pocket maximum.</p> <p>Concordia Plans has arranged for Payer Matrix to assist you in obtaining financial assistance for <a href="#">specialty drugs</a>. You need to enroll with Payer Matrix to obtain such assistance. If you enroll with Payer Matrix, but are not eligible for financial assistance, your benefits will process in accordance with your <a href="#">plan</a> design (i.e. applicable <a href="#">deductible</a> and <a href="#">copayment</a> amounts). If you are eligible but refuse to enroll in Payer Matrix, you will have to pay the full cost of the drug.</p>
	Preferred brand drugs	\$30 <a href="#">copay</a> : 30 days \$75 <a href="#">copay</a> : 31-90 days  For insulin drugs only: 30-day supply: \$25 <a href="#">copay</a> 60-day supply: \$50 <a href="#">copay</a> 90-day supply: \$75 <a href="#">copay</a>  <a href="#">Deductible</a> does not apply	Not covered	
	Non-preferred brand	30% <a href="#">coinsurance</a> (\$250 maximum): 30 days 30% <a href="#">coinsurance</a> (\$625 maximum) 31-90 days <a href="#">Deductible</a> does not apply	Not covered	
	<a href="#">Specialty drugs</a>	Applicable benefit as shown above	Not covered	
<p><b>If you have outpatient surgery</b></p>	Facility fee (e.g., ambulatory surgery center)	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	<p><a href="#">Preauthorization</a> required for outpatient surgeries.</p>
	Physician/surgeon fees	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations & Exceptions & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
If you need immediate medical attention	<a href="#">Emergency room care</a>	\$250 <a href="#">copayment</a> , then <a href="#">deductible</a> and <a href="#">coinsurance</a>		<a href="#">Copayment</a> applies to all charges billed by the provider in emergency room setting. <a href="#">Copayment</a> waived if admitted, and inpatient hospital benefits will apply.
	<a href="#">Emergency medical transportation</a>	20% <a href="#">coinsurance</a> after network <a href="#">deductible</a>		None
	<a href="#">Urgent care</a>	\$75 <a href="#">copayment</a> <a href="#">deductible</a> waived		<a href="#">Copayment</a> applies to all charges billed by the provider in <a href="#">urgent care</a> facility setting.
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	<a href="#">Preauthorization</a> required for certain care, services and procedures.
	Physician/surgeon fees	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
If you need mental health, behavioral health, or substance abuse services	Office visits	\$25 <a href="#">copayment</a> <a href="#">deductible</a> waived	\$50 <a href="#">copayment</a> <a href="#">deductible</a> waived	Includes 8 annual Employee Assistance Program (EAP) visits per issue at no charge.  <a href="#">Preauthorization</a> required for partial hospitalization and intensive outpatient for mental health/substance abuse.
	Outpatient services	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
	Inpatient services	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
If you are pregnant	Office visits*	Initial visit to confirm pregnancy covered same as office visit.	Initial visit to confirm pregnancy covered same as office visit.	<a href="#">Cost sharing</a> does not apply to certain <a href="#">preventive services</a> . Depending on the type of services, other <a href="#">cost sharing</a> may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <a href="#">Preauthorization</a> is required.
	Childbirth/delivery professional services*	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
	Childbirth/delivery facility services	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	
If you need help recovering or have other special health needs	<a href="#">Home health care</a>	20% <a href="#">coinsurance</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	<a href="#">Preauthorization</a> required for home health care services.
	<a href="#">Rehabilitation services</a>	\$45 <a href="#">copayment</a> <a href="#">deductible</a> waived	40% <a href="#">coinsurance</a> after <a href="#">deductible</a>	Medical necessity will be reviewed after 20 visits combined for Physical and Occupational Therapy. Speech Therapy will be reviewed for medical necessity after 20 visits.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations & Exceptions & Other Important Information
		Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	
	<a href="#">Habilitation services</a>	\$45 <a href="#">copayment deductible</a> waived	40% <a href="#">coinsurance deductible</a>	None
	<a href="#">Skilled nursing care</a>	20% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	Coverage limited to 100 days. <a href="#">Preauthorization</a> required for skilled nursing inpatient admission.
	<a href="#">Durable medical equipment</a>	20% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	A <a href="#">preauthorization</a> may apply for certain equipment. All rentals and purchases over \$1,500 require <a href="#">preauthorization</a> .
	<a href="#">Hospice services</a>	20% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	40% <a href="#">coinsurance deductible</a> after <a href="#">deductible</a>	Includes bereavement counseling. <a href="#">Preauthorization</a> required for hospice care services.
<b>If your child needs dental or eye care</b>	Children's eye exam	Not covered	Not covered	None
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

### Excluded Services & Other Covered Services:

#### Services Your [Plan](#) Generally Does NOT Cover (Check your policy or [plan](#) document for more information and a list of any other [excluded services](#).)

- |   |                         |                            |
|---|-------------------------|----------------------------|
| • Abortion (unless medically necessary)       | • Dental care (Adult)   | • Routine eye care (Adult) |
| • Cosmetic surgery                            | • Infertility treatment | • Routine foot care        |
| • Contraceptives (unless medically necessary) | • Long-term care        | • Weight loss programs     |

#### Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- |                                 |   |                        |
|---------------------------------|---|------------------------|
| • Acupuncture                   | • Hearing aids (up to age 19)                           | • Private-duty nursing |
| • Bariatric surgery             | • Non-emergency care when traveling outside of the U.S. |                        |
| • Chiropractic care (26 visits) |   |                        |

**Your Rights to Continue Coverage:** There are agencies that can help if you want to continue your coverage after it ends. You may also contact the Plan Administrator at 1-888-927-7526 or [info@ConcordiaPlans.org](mailto:info@ConcordiaPlans.org). Other coverage options may be available to you too, including buying individual insurance coverage through the [Health Insurance Marketplace](#). For more information about the [Marketplace](#), visit <http://www.HealthCare.gov> or call 1-800-318-2596.

**Your Grievance and Appeals Rights:** There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). You may also contact the Care Coordinators to assist the plan administrator. The Care Coordinators' name, address, and telephone number are Quantum Health Care Coordinators, Attention: Appeals, 5240 Blazer Parkway, Dublin OH 43017, 1-833-740-3260.

#### **Does this plan provide Minimum Essential Coverage? Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

#### **Does this plan meet the Minimum Value Standards? Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-740-3260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-740-3260.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-740-3260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-833-740-3260

---

*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*

---

**About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

**Peg is Having a Baby**  
(9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) copayment \$45
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

**This EXAMPLE event includes services like:**

Specialist office visits (*prenatal care*)  
 Childbirth/Delivery Professional Services  
 Childbirth/Delivery Facility Services  
 Diagnostic tests (*ultrasounds and blood work*)  
 Specialist visit (*anesthesia*)

<b>Total Example Cost</b>	<b>\$12,700</b>
---------------------------	-----------------

**In this example, Peg would pay:**

<i>Cost Sharing</i>	
Deductibles	\$600
Copayments	\$60
Coinsurance	\$1,900
<i>What isn't covered</i>	
Limits or exclusions	\$60
<b>The total Peg would pay is</b>	<b>\$2,620</b>

**Managing Joe's type 2 Diabetes**  
(a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) copayment \$45
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

**This EXAMPLE event includes services like:**

Primary care physician office visits (*including disease education*)  
 Diagnostic tests (*blood work*)  
 Prescription drugs  
 Durable medical equipment (*glucose meter*)

<b>Total Example Cost</b>	<b>\$5,600</b>
---------------------------	----------------

**In this example, Joe would pay:**

<i>Cost Sharing</i>	
Deductibles	\$600
Copayments	\$700
Coinsurance	\$60
<i>What isn't covered</i>	
Limits or exclusions	\$20
<b>The total Joe would pay is</b>	<b>\$1,380</b>

**Mia's Simple Fracture**  
(in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$600
- [Specialist](#) copayment \$45
- Hospital (facility) [coinsurance](#) 20%
- Other [coinsurance](#) 20%

**This EXAMPLE event includes services like:**

Emergency room care (*including medical supplies*)  
 Diagnostic test (*x-ray*)  
 Durable medical equipment (*crutches*)  
 Rehabilitation services (*physical therapy*)

<b>Total Example Cost</b>	<b>\$2,800</b>
---------------------------	----------------

**In this example, Mia would pay:**

<i>Cost Sharing</i>	
Deductibles	\$600
Copayments	\$600
Coinsurance	\$100
<i>What isn't covered</i>	
Limits or exclusions	\$0
<b>The total Mia would pay is</b>	<b>\$1,300</b>

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.