Coverage for: Individual/Spouse/Child(ren)/Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://concordiaPlans.Quantum-Health.com">https://concordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260. For definitions of common terms, such as <a href="allowed amount">allowed amount</a>, <a href="balance billing">balance billing</a>, <a href="coinsurance">coinsurance</a>, <a href="coinsurance">copayment</a>, <a href="deductible">deductible</a>, <a href="provider">provider</a>, or other <a href="underlined">underlined</a> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-800-877-1122 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,500 individual/\$5,000 family network \$7,500 individual/\$15,000 family non-network (medical, mental health and pharmacy combined)	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay If you have other family members on the <u>plan</u> , the overall family <u>deductible</u> (non-embedded) must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. Preventive care is not subject to deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	\$5,000 individual/\$8,300 family network \$15,000 individual/\$24,900 family non- network (medical, mental health and pharmacy combined)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members on this <u>plan</u> , the overall family <u>out-of-pocket limit</u> (non-embedded) must be met.
What is not included in the out-of-pocket limit?	DAW penalties (difference in cost between generic and brand if generic alternative is available), specialty drug copayment assistance programs, premiums, balance-billing (unless balance-billing is prohibited) charges, penalties and health care this plan doesn't cover.	Even though you pay these expenses, they do not count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://ConcordiaPlans.Quantum-Health.com">https://ConcordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260 for a list of	



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Services You May What You Will Pay		Limitations & Exceptions & Other	
Medical Event	Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
	Primary care visit to treat an injury or illness	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Surgery performed in office setting is subject
If you visit a health care	Specialist visit	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	to <u>deductible</u> and <u>coinsurance</u> .
provider's office or clinic	Preventive care/screening/immunization	No charge <u>Deductible</u> waived	Not covered	You may have to pay for services that are not <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for. Immunizations for children through age 4 are no charge deductible waived network and non-network.
If you have a test	Diagnostic test (x-ray, blood work)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	<u>Diagnostic test</u> during an office visit is subject to applicable <u>deductible</u> and <u>coinsurance</u> .
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for MRI/MRA and PET scans.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Sorvings Vou May	What You Will F	Pay	Limitations & Exceptions & Other
Medical Event	Services You May Need		n-Network Provider u will pay the most)	Important Information
	Generic drugs	\$0 for preventive generic prescriptions and generic diabetic suplies. These are not subject to the deductible.  Otherwise: \$10 copay: 30 days \$25 copay/prescription: 31-90 days after deductible	No coverage	Charges payable through the Plan's Pharmacy Benefit Manager (PBM) program. If Physician does not prescribe "Dispense as
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at <a href="https://ConcordiaPlans.Quantum-Health.com">https://ConcordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260.	Preferred brand drugs	30% coinsurance (\$25 minimum, \$75 maximum): 30 days 30% coinsurance (\$62.50 minimum, \$187.50 maximum): 31-90 days after deductible  Preferred Brand diabetic and insulin drugs are not subject to the deductible.  For Preferred Brand insulin drugs only: 30-day supply: \$25 copay 60-day supply: \$50 copay 90-day supply: \$75 copay	No coverage	Written" (DAW), and there is a generic alternative, and covered person chooses a brand name instead, covered person must pay the difference in cost between generic and brand plus applicable brand copayment amount.  Certain maintenance medications are available at a 90-day supply at select pharmacies. Coverage is only available for a day supply at Walgreens or through mail order.  Deductible may not apply to preventive care drugs as outlined in the Affordable Care Act (PPACA). Certain prescriptions require prior authorization before the drug can be
	Non-preferred brand drugs	40% coinsurance (\$50 minimum, \$100 maximum): 30 days 40% coinsurance (\$125 minimum, \$250 maximum): 31-90 days after deductible  Diabetic drugs are not subject to the deductible.	No coverage	dispensed.
	Specialty drugs	Applicable benefit as shown above.	No coverage	Specialty prescriptions may be obtained from a specialty pharmacy.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Commission Vol. Mari		What You Will Pay		Limitetiana 8 Farantiana 8 Othan	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for outpatient surgeries.	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Surgeries.	
If you wood immediate	Emergency room care	20% coinsurance a	fter network deductible	None	
If you need immediate medical attention	Emergency medical transportation	20% coinsurance a	fter <u>network</u> <u>deductible</u>	None	
	Urgent care	20% coinsurance a	fter <u>network</u> <u>deductible</u>	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for inpatient facility	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	admissions.	
If you need mental health, behavioral health, or substance abuse services	Office visits	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Includes 8 annual Employee Assistance Program (EAP) visits per issue at no charge.	
	Outpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for partial hospitalization and intensive outpatient for	
	Inpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	mental health/substance abuse	
	Office visits*	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for inpatient admissions exceeding 48 hours vaginal	
If you are pregnant	Childbirth/delivery professional services*	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	<ul> <li>delivery or 96 hours C-Section. Cost sharing does not apply for preventive services.</li> <li>Depending on the type of services, deductible and coinsurance may apply.</li> </ul>	
	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). *Processed as a global maternity service which includes pre-natal, post-natal and the delivery service.	



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common	Sorvings Vou May	What You Will Pay		Limitations & Exceptions & Other
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Important Information
	Home health care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	<u>Preauthorization</u> required for home health care services.
	Rehabilitation services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Medical necessity will be reviewed after 20 combined Physical, Occupational and Speech Therapy visits.
If you need help recovering	Habilitation services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	None
If you need help recovering or have other special health needs	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Coverage limited to 100 days. <u>Preauthorization</u> required for skilled nursing inpatient admissions.
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	A <u>preauthorization</u> may apply for certain equipment. All rentals and any purchases over \$1,500 require <u>preauthorization</u> .
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Includes bereavement counseling. <u>Preauthorization</u> required for hospice care services.
	Children's eye exam	Not covered	Not covered	None
If your child needs dental or	Children's glasses	Not covered	Not covered	None
eye care	Children's dental check-up	Not covered	Not covered	None

### Excluded Services & Other Covered Services:

LACIdadea Services & Other Covered Services.					
Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
Abortion (unless medically necessary)	Dental care (Adult)	<ul> <li>Routine eye care (Adult)</li> </ul>			
Cosmetic surgery	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine foot care</li> </ul>			
<ul> <li>Contraceptives (unless medically necessary)</li> </ul>	<ul> <li>Long-term care</li> </ul>	<ul> <li>Weight loss programs</li> </ul>			
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)					
Acupuncture	<ul> <li>Hearing aids (up to age 19)</li> </ul>				
Bariatric surgery	<ul> <li>Non-emergency care when traveling outside of</li> </ul>	<ul> <li>Private-duty nursing</li> </ul>			
Chiropractic care (26 visits)	the U.S.				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You may also contact the Plan Administrator at 1-888-927-7526 or <a href="mailto:info@ConcordiaPlans.org">info@ConcordiaPlans.org</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="mailto:Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. You may also contact the Care Coordinators to assist the plan administrator. The Care Coordinators' name, address, and telephone number are Quantum Health Care Coordinators, Attention: Appeals, 5240 Blazer Parkway, Dublin OH 43017, 1-833-740-3260.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax</u> credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-740-3260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-740-3260.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-833-740-3260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-740-3260.

### **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	2,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost \$12,700
-----------------------------

## In this example, Peg would pay:

in this example, i eg would pay.	
Cost Sharing	
Deductibles	\$2,500
Copayments	\$10
Coinsurance	\$1,500
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$4,070

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	020,500
Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Exam	ple Cost	\$5,600

### In this example, Joe would pay:

Cost Sharing				
Deductibles	\$2,300			
Copayments	\$300			
Coinsurance	\$0			
What isn't covered				
Limits or exclusions	\$20			
The total Joe would pay is	\$2,620			

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	2,500
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

### In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,500
Copayments	\$0
Coinsurance	\$60
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,560