Concordia Plans: Healthy Me HSA C UMR

Coverage for: Individual/Spouse/Child(ren)/Family | Plan Type: HDHP

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Quantum Health at 1-833-740-3260. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-800-877-1122 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-network: \$3,200/individual or \$6,400/family Out-of-network: \$9,600/individual or \$19,200/family (medical, mental health and pharmacy)	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. This <u>plan</u> has an embedded <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. Well-child care, prenatal care, preventive generic drugs, generic diabetic supplies and Network Preventive care services are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> , at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network: \$6,400/individual or \$12,800/family Out-of-network: \$19,200/individual or \$38,400/family (medical, mental health and pharmacy)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, penalties and health care this plan doesn't cover. Certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (if reimbursed by the manufacturer at no cost to you) won't be applied to your out-of-pocket maximums.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://www.concordiaplans.quantum-health.com/">https://www.concordiaplans.quantum-health.com/</a> or call 1-833-740-3260 for a list of <a href="network providers">network providers</a> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

Do you need a referral to	
see a specialist?	

No.

You can see the <u>specialist</u> you choose without a <u>referral</u>.



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common	Camilaga Vay May	What You Will Pay		Limitations Expontions 2 Other Important	
Medical Event	Services You May Need	In-network (You will pay the least)	Out-of-network (You will pay the most)	Limitations, Exceptions, & Other Important Information	
16	Primary care visit to treat an injury or illness	20% coinsurance	40% coinsurance	None	
If you visit a health care provider's office	Specialist visit	20% coinsurance	40% coinsurance		
or clinic	Preventive care/screening/	No charge <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance office & outpatient settings 10% coinsurance for Preferred Independent lab	40% coinsurance	None	
•	Imaging (CT/PET scans, MRIs)	20% coinsurance	40% coinsurance		
If you need drugs to treat your illness or condition.	Generic drugs	\$0 preventive generic prescriptions and generic diabetic supplies. These are not subject to the deductible.  Otherwise: \$10 copay: 30 days \$25 copay: 31-90 days	Not covered	Covers up to a 30 days supply (retail prescription); 31-90 days supply (through Benecard Central Fill mail order pharmacy). Some medications require preauthorization or step therapy program adherence. Specialty Drugs have to be purchased through Benecard Central Fill, a specialty mail-order pharmacy available through EmpiRx Health, however, first fill is allowed at a retail pharmacy. Exceptions may	

More information about prescription drug coverage is available by calling 1-833-740-	Preferred brand	30% coinsurance (\$25 minimum, \$75 maximum): 30 days 30% coinsurance (\$62.50 minimum, \$187.50 maximum): 31-90 days	Not covered	apply.  If a prescription is presented with a "dispense as written" (DAW) for a brand-named drug but an equivalent generic drug is available, the member	
3260.	drugs	Diabetic drugs are not subject to the deductible.		will pay the <u>copay</u> for the brand-named drug plus the difference in cost between the generic drug and the brand-named drug. The cost difference (penalty) will not apply to the <u>deductible</u> or out-of-	
	Non-preferred brand drugs	40% coinsurance (\$50 minimum, \$100 maximum): 30 days 40% coinsurance (\$125 minimum, \$250 maximum): 31-90 days  Diabetic drugs are not subject to the deductible.	Not covered	pocket maximum.  Concordia Plans has arranged for Payer Matrix to assist you in obtaining financial assistance for specialty drugs. You need to enroll with Payer Matrix to obtain such assistance. If you enroll with Payer Matrix, but are not eligible for financial assistance, your benefits will process in accordance with your plan design (i.e. applicable deductible and copayment amounts). If you are eligible but refuse to enroll in Payer Matrix, you will have to pay the full cost of the drug, unless you file an appeal.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	40% coinsurance	None	
surgery	Physician/surgeon fees	20% coinsurance	40% coinsurance	None	
If you need	Emergency room care	20% coinsurance	20% coinsurance	None	
immediate medical attention	Emergency medical transportation	20% coinsurance	20% coinsurance	None	
	Urgent care	20% coinsurance	20% coinsurance	None	
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	Preauthorization is required.	
stay	Physician/surgeon fee	20% coinsurance	40% coinsurance	None	

If you have mental health, behavioral	Outpatient services	20% coinsurance	40% coinsurance	Includes 6 annual Employee Assistance Program (EAP) visits per issue at no charge.	
health, or substance abuse needs	Inpatient services	20% coinsurance	40% coinsurance	Preauthorization is required.	
	Office visits	Prenatal Care: No charge  Deductible does not apply to prenatal care.	Prenatal Care: Not covered	Cost sharing does not apply to certain preventive services. Depending on the type of services, deductible, copayment or coinsurance may apply.	
If you are pregnant	Childbirth/delivery professional services	20% coinsurance	40% coinsurance	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound).	
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Preauthorization is required.	
	Home health care	20% coinsurance	40% coinsurance	Preauthorization is required.	
If you need help recovering or have	Rehabilitation services	20% coinsurance	40% coinsurance	Medical necessity will be reviewed after 20 visits.	
	Habilitation services	20% coinsurance	40% coinsurance	Medical necessity will be reviewed after 20 visits.	
other special health needs	Skilled nursing care	20% coinsurance	40% coinsurance	100 Maximum days per calendar year; <a href="Preauthorization">Preauthorization</a> is required.	
	Durable medical equipment	20% coinsurance	40% coinsurance	A <u>preauthorization</u> may apply for certain equipment.	
	Hospice services	20% coinsurance	40% coinsurance	None	
	Children's eye exam	Not covered	Not covered	None	
If your child needs	Children's glasses	Not covered	Not covered	None	
dental or eye care	Children's dental check-up	Not covered	Not covered	None	

## **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (unless medically necessary)
- Dental care (Adult/child)

Routine eye care (Adult/Child)

- Contraceptives (unless <u>medically necessary</u>)
- Infertility treatment

Routine foot care

Cosmetic surgery

Long-term care

Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Acupuncture

• Hearing aids (up to age 19)

Private-duty nursing

Bariatric surgery

• Non-emergency care when traveling outside the U.S.

• Chiropractic care (26 visits)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You may also contact the Plan Administrator at 1-888-927-7526 or <a href="mailto:info@ConcordiaPlans.org">info@ConcordiaPlans.org</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="mailto:Health Insurance">Health Insurance</a> Marketplace. For more information about the <a href="mailto:Marketplace">Marketplace</a>, visit <a href="mailto:http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. You may also contact the Care Coordinators to assist the plan administrator. The Care Coordinators' name, address, and telephone number are Quantum Health Care Coordinators, Attention: Appeals, 5240 Blazer Parkway, Dublin OH 43017, 1-833-740-3260.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax</u> credit.

### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-740-3260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-740-3260.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-740-3260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-740-3260.

## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,200
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700	
In this example, Peg would pay:		
Cost Sharing		
<u>Deductibles</u>	\$3,200	
Copayments	\$10	
Coinsurance	\$1,400	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$4,670	

# Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-

controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,200
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

<u>Diagnostic tests</u> (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$5,600	
In this example, Joe would pay:		
Cost Sharing		
<u>Deductibles</u>	\$2,300	
Copayments	\$300	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$2,620	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3,200
■ Specialist coinsurance	20%
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

#### This EXAMPLE event includes services like:

<u>Emergency room care</u> (including medical supplies) Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)
Rehabilitation services (physical therapy)

Limits or exclusions

The total Mia would pay is

Total Example Cost	\$2,800		
In this example, Mia would pay:			
Cost Sharing			
<u>Deductibles</u>	\$2,800		
<u>Copayments</u>	\$0		
Coinsurance	\$0		
What isn't covered			

\$2.800