Coverage for: Individual/Spouse/Child(ren)/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <a href="https://concordiaPlans.Quantum-Health.com">https://concordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260. For definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other underlined terms see the Glossary. You can view the Glossary at <a href="https://www.healthcare.gov/sbc-glossary/">https://www.healthcare.gov/sbc-glossary/</a> or call 1-800-877-1122 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$1,200 individual/\$2,400 family network \$3,600 individual/\$7,200 family non-network (medical and mental health combined)	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> each family member must meet their own individual <u>deductible</u> (embedded) until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Yes. Preventive care is not subject to deductible.	This <u>plan</u> covers some items and services even if you have not yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You do not have to meet <u>deductibles</u> for specific services.
What is the out-of-pocket limit for this plan?	\$3,500 individual/\$7,000 family network \$10,500 individual/\$21,000 family non-network (medical, mental health and pharmacy combined)	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> (embedded) until the overall family <u>out-of-pocket limits</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	DAW penalties (difference in cost between generic and brand if generic alternative is available), specialty drug copayments, assistance program premiums, balance-billing (unless balance-billing is prohibited) charges, and health care this plan doesn't cover.	Even though you pay these expenses, they do not count toward the <u>out-of-pocket</u> <u>limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See <a href="https://ConcordiaPlans.Quantum-Health.com">https://ConcordiaPlans.Quantum-Health.com</a> or call 1-833-740-3260 for a list of <a href="network providers">network providers</a> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.

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Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
	Primary care (PCP) visit to treat an injury or illness	\$35 <u>copayment</u> <u>deductible</u> waived	\$70 copayment deductible waived	Copayment applies only for evaluation and management. Surgery performed in office	
If you visit a health	Specialist (SCP) visit	\$60 <u>copayment</u> <u>deductible</u> waived	\$120 <u>copayment</u> <u>deductible</u> waived	setting is subject to <u>copayment</u> , <u>deductible</u> waived. Additional charges are subject to <u>deductible</u> and <u>coinsurance</u> .	
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge <u>deductible</u> waived	Not covered	You may have to pay for services that are not preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for. Immunizations for children through age 4 are no charge <u>deductible</u> waived network and non-network.	
If you have a test	Diagnostic test (x-ray, blood work)	Outpatient: 20% coinsurance after deductible Preferred Independent Lab: 10% coinsurance deductible waived	40% <u>coinsurance</u> after <u>deductible</u>	Diagnostic testing during an office visit is subject to applicable office visit copayment, deductible waived. Diagnostic testing during the emergency room visit or urgent care visit is subject to applicable copayment.	
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for MRI/MRA and PET scans.	
If you need drugs to treat your illness or condition	Generic drugs	\$10 <u>copay:</u> 30 days \$25 <u>copay:</u> 31-90 days <u>Deductible</u> does not apply	Not covered	Charges payable through the Plan's Pharmacy Benefit Manager (PBM) program. If Physician does not prescribe "Dispense as Written"	
	Preferred brand drugs	30% coinsurance (\$25 minimum, \$75 maximum): 30 days 30% coinsurance (\$62.50 minimum, \$187.50 maximum): 31-90 days	Not covered	(DAW), and there is a generic alternative, and covered person chooses a brand name instead, covered person must pay the difference in cost between generic and brand plus applicable brand copayment amount.  Certain maintenance medications are available at a 90 day supply at select pharmacies.  Coverage is only available for a day supply at	



		What You Will Pay		1	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
More information about		For insulin drugs only: 30-day supply: \$25 copay 60-daysupply: \$50 copay 90-daysupply: \$75 copay  Deductible does not apply		Walgreens or through mail order. <u>Deductible</u> may not apply to preventive care drugs as outlined in the Affordable Care Act (PPACA). Certain prescriptions require prior authorization before the drug can be dispensed.	
prescription drug coverage is available at https://ConcordiaPlans. Quantum-Health.com or call 1-833-740-3260.	Non-preferred brand drugs	40% coinsurance (\$50 minimum, \$100 maximum): 30 days 40% coinsurance (\$125 minimum, \$250 maximum) 31-90 days Deductible does not apply	Not covered		
	Specialty drugs	Applicable benefit as shown above.	Not covered	Specialty prescriptions may be obtained from a specialty pharmacy. Certain specialty medications are eligible for the SaveOnSP program. Members who are taking eligible SaveOnSP medications will be requested to enroll in the program. If a member chooses not to participate in SaveOnSP, they will pay a higher cost share.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% <u>coinsurance</u> after <u>deductible</u> 20% <u>coinsurance</u> after	40% coinsurance after deductible 40% coinsurance after	Preauthorization required for outpatient surgeries.	
	Physician/surgeon fees	deductible	deductible		
If you need immediate medical	Emergency room care	\$200 <u>copayment</u> , then <u>deductible</u>		Copayment applies to all charges billed by the provider in emergency room setting.  Copayment waived if admitted, and inpatient hospital benefits will apply.	
attention	Emergency medical transportation	20% <u>coinsurance</u> a	fter network deductible	None	
	Urgent care	\$60 <u>copayment</u>	<u>deductible</u> waived	Copayment applies to all charges billed by the provider in urgent care facility setting.	



Common		What You Will Pay		Limitations & Evantians & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Limitations & Exceptions & Other Important Information	
If you have a hospital stay	Facility fee (e.g., hospital room)	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for certain care,	
	Physician/surgeon fees	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	services and procedures.	
If you need mental	Office visits	\$35 <u>copayment</u> <u>deductible</u> waived	\$70 copayment deductible waived	Includes 6 annual Employee Assistance Program (EAP) visits per issue at no charge.	
health, behavioral health, or substance	Outpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Preauthorization required for partial hospitalization and intensive outpatient for	
abuse services	Inpatient services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	mental health/substance abuse.	
	Office visits*	Initial visit to confirm pregnancy covered same as office visit.	Initial visit to confirm pregnancy covered same as office visit.	Preauthorization required for inpatient admissions exceeding 48 hours vaginal delivery or 96 hours C-Section. Cost sharing does not	
If you are pregnant	Childbirth/delivery professional services*	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	apply for <u>preventive care</u> . Depending on the type of services, deductible and coinsurance	
If you are pregnant	Childbirth/delivery facility services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	may apply. Maternity care may include tests and services described elsewhere in the SBC (i.e., ultrasound). *Processed as a global maternity service which includes pre-natal, post-natal and the delivery service.	
	Home health care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	<u>Preauthorization</u> required for home health care services.	
	Rehabilitation services	\$60 <u>copayment</u> <u>deductible</u> waived	40% <u>coinsurance</u> after <u>deductible</u>	Medical necessity will be reviewed after 20 visits.	
If you need help recovering or have other special health needs	Habilitation services	\$60 <u>copayment</u> <u>deductible</u> waived	40% <u>coinsurance</u> after <u>deductible</u>	None	
	Skilled nursing care	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Coverage limited to 100 days. <u>Preauthorization</u> required for skilled nursing inpatient admission.	
	Durable medical equipment	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	A <u>preauthorization</u> may apply for certain equipment. All rentals and purchases over \$1,500 require <u>preauthorization</u> .	
	Hospice services	20% <u>coinsurance</u> after <u>deductible</u>	40% <u>coinsurance</u> after <u>deductible</u>	Includes bereavement counseling. <u>Preauthorization</u> required for hospice care services.	

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Common		What You Will Pay		Limitations & Exceptions & Other Important
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
If your shild poods	Children's eye exam	Not covered	Not covered	None
If your child needs dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

Services Your Plan Generally Does NOT Cover (C	heck your policy or <u>plan</u> document fo	more information and a list of any other excluded services.)	
Abortion (unless medically necessary)	<ul> <li>Dental care (Adult)</li> </ul>	<ul> <li>Routine eye care (Adult)</li> </ul>	
Cosmetic surgery	<ul> <li>Infertility treatment</li> </ul>	<ul> <li>Routine foot care</li> </ul>	
<ul> <li>Contraceptives (unless medically necessary)</li> </ul>	<ul> <li>Long-term care</li> </ul>	<ul> <li>Weight loss programs</li> </ul>	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
Acupuncture	<ul> <li>Hearing aids (up to age 19)</li> </ul>		
Bariatric surgery	<ul> <li>Non-emergency care when travel</li> </ul>	ing outside of   Private-duty nursing	
Chiropractic care (26 visits)	the U.S.		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You may also contact the Plan Administrator at 1-888-927-7526 or <a href="mailto:info@ConcordiaPlans.org">info@ConcordiaPlans.org</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the <a href="mailto:Health Insurance">Health Insurance</a> <a href="Marketplace">Marketplace</a>. For more information about the <a href="Marketplace">Marketplace</a>, visit <a href="http://www.HealthCare.gov">http://www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. You may also contact the Care Coordinators to assist the plan administrator. The Care Coordinators' name, address, and telephone number are Quantum Health Care Coordinators, Attention: Appeals, 5240 Blazer Parkway, Dublin OH 43017, 1-833-740-3260.

## Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax</u> credit.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-740-3260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-740-3260.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-740-3260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-740-3260.



## **About these Coverage Examples:**



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,20
Specialist copayment	\$60
■ Hospital (facility) coinsurance	20%
Other coinsurance	20%

### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

# In this example, Peg would pay:

Cost Sharing		
Deductibles	\$1,200	
Copayments	\$70	
Coinsurance	\$1,800	
What isn't covered		
Limits or exclusions \$60		
The total Peg would pay is	\$3,130	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$1,20
■ Specialist copayment	\$60
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

<b>Total Example Cost</b>	\$5,600
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# In this example, Joe would pay:

Cost Sharing		
Deductibles	\$900	
Copayments	\$900	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,820	

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$1,200
Specialist copayment	\$60
Hospital (facility) coinsurance	20%
Other coinsurance	20%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

# In this example, Mia would pay:

Cost Sharing		
Deductibles	\$1,200	
Copayments	\$600	
Coinsurance	\$30	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$1,830	