



# Vitality Scavenger Hunt

## Points and prize drawing

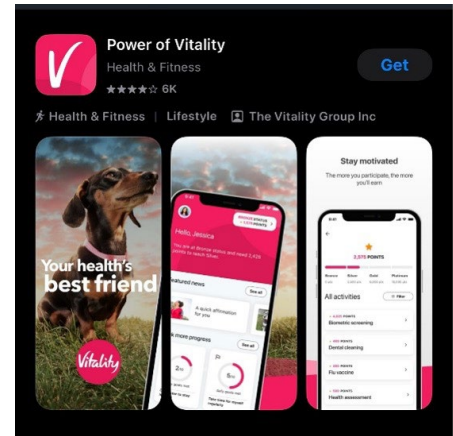
With a new year comes a new and refreshed Vitality App. The new App comes with loads of new features, and some old ones that we had before. However, the formatting is a little different. Can you find where these things are? Work through the scavenger hunt below by

\_\_\_\_\_ and submit your screenshots to  
*MONTH AND DAY*

\_\_\_\_\_ for  
*FIRST AND LAST NAME*

\_\_\_\_\_ *REWARD*

(Send as attachments to an email or within a Word document – whatever is easiest.)



### Task Category

### Clue/Action

#### Benefits

“Several of our Concordia Plans Benefits are listed in Vitality. Find the Benefits tab and click the Mental Health resource tab. Take a screen shot of the page where it says “About this benefit”

#### The Hidden Status

“Your progress used to be front and center, but now it’s tucked away. Find your Status Bar and tap the drop-down arrow below it. Take a screen shot of your current point status bar.

#### Syncing (Critical)

“Vitality can’t reward what it can’t see! Navigate to Profile > Apps and Devices. Check to see if your primary tracker (Apple Health, Fitbit, etc.) says ‘Connected.’” Take a screen shot of your synced apps (at least one).

#### High-Point Discovery

“On the home page there is a category called Assessment. This is one of the quickest ways to earn points fast. Complete the Assessments and take a screen shot of the top of the page where it shows that all points are rewarded.”

#### The Fun Stuff

“Find the Rewards icon on the bottom navigation bar. Tap into Squares. Complete the activity and take a screen shot of your completed gameboard.

#### Goals

“Look for the Well-being tab at the bottom of the Home page under Earn Points. Start a Goal and take a screen shot of it.

#### Instant Rewards

“Completing certain activities gives you instant gift card rewards! Find Instant Rewards under the Rewards tab. Take a screen shot of the four listed activities that qualify for instant rewards.”