Coverage for: Individual and Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call Quantum Health at 1-833-740-3260. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-877-1122 to request a copy.

Important Questions	Answers			Why This Matters:		
		Network	Non-Network	Generally, you must pay all of the costs from providers up to the deductible		
What is the overall deductible?	Per participant:	\$3,000	\$6,000	amount before this <u>plan</u> begins to pay. This plan has an embedded deductible. If you have other family members on the <u>plan</u> , each family member must meet their		
	Per family:	\$6,000	\$12,000	own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .		
Are there services covered before you meet your <u>deductible</u> ?	Yes. <u>Network preve</u> copayment.	ntive care and	services with a	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before y meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.		
Are there other deductibles for specific services?	No.			You don't have to meet <u>deductibles</u> for specific services.		
		Network	Non-Network			
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Per participant:	\$4,500	\$9,000	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-</u>		
innit for this plan:	Per family:	\$9,000	\$18,000	pocket limits until the overall family out-of-pocket limit has been met.		
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billed charges, health care this Plan doesn't cover, charges in excess of benefit maximums, charges in excess of maximum allowed amounts, penalties, non-medically necessary services, and certain specialty pharmacy drugs considered non-essential health benefits.		ess of benefit naximum ledically ecialty	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> <u>limit</u> .		

(DT - OMB control number: 1545-0047/Expiration Date: 12/31/2019)(DOL - OMB control number: 1210-0147/Expiration date: 5/31/2022)

(HHS - OMB control number: 0938-1146/Expiration date: 10/31/2022)

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network provider</u> ?	Yes. See ConcordiaPlans.quantum-health.com or call 1-833-740-3260 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What Yo	u Will Pay	Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information	
If you visit a health care provider's office	Primary care visit to treat an injury or illness	\$30 copayment, deductible waived	50% coinsurance after deductible	The office visit <u>copayment</u> applies to all services rendered in a <u>provider's</u> office, except for advanced imaging, labs, and x-rays.	
	Specialist visit	\$40 copayment, deductible waived	50% coinsurance after deductible		
or clinic	Preventive care/screening/ immunization	No Charge, deductible waived	50% coinsurance after deductible	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services you need are preventive. Then check what your <u>plan</u> will pay for.	
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	20% coinsurance after deductible	50% coinsurance after deductible	none	
	Imaging (CT/PET scans, MRIs)	20% coinsurance after deductible	50% co-insurance after deductible	Pre-certification is required for MRI/MRA and PET scans.	

^{*} For more information about limitations and exceptions, call 1-833-740-3260 or see the <u>plan</u> or policy document at ConcordiaPlans.Quantum-Health.com.

Common		What Yo	u Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Non-Network Provider (You will pay the most)	Information
If you need drugs to treat your illness or condition More information about prescription drug coverage is available by calling 1-833-740-3260.	Generic drugs	Thirty (30) Day Supply: \$20 copayment Thirty-One (31) to Ninety (90) Day Supply: \$40 copayment	Covered at the network pharmacy cost share plus any amounts over the network allowed amount.	Covers up to a thirty (30) day supply (retail prescription), or a thirty-one (31) to ninety (90) day supply (through Express Scripts mail order pharmacy or Walgreens only). Prescription drugs do not apply to the
	Preferred brand drugs	Thirty (30) Day Supply: \$75 copayment Thirty-One (31) to Ninety (90) Day Supply: \$150 copayment		deductible. Dispense as Written (DAW), step therapy, and prior authorization requirements may apply. Not all prescription drugs are covered. To determine if a specific drug is covered under your plan, log into your account at
	Non-preferred brand drugs	Thirty (30) Day Supply: \$100 copayment Thirty-One (31) to Ninety (90) Day Supply: \$200 copayment		www.express-scripts.com. If you obtain <u>prescription drugs</u> from a non-network pharmacy, you will be required to pay the full cost of the prescription and then submit for reimbursement.
	Specialty drugs	One (1) to Fifteen (15) Day Supply: \$25 copayment Sixteen (16) to Thirty (30) Day Supply: \$50 copayment	Certain specialty medications are eligible for the SaveOnSP program. Members who are taking eligible SaveOnSP medications will be requested to enroll in the program. If a member chooses not to participate in SaveOnSP, they will pay a higher cost share. Preferred Brand Insulin and Diabetic Drugs: Thirty (30) Day Supply: \$25 copayment, deductible waived Sixty (60) Day Supply: \$50 copayment, deductible waived Ninety (90) Day Supply: \$75 copayment, deductible waived	

 $^{^* \} For \ more \ information \ about \ limitations \ and \ exceptions, \ call \ 1-833-740-3260 \ or \ see \ the \ \underline{plan} \ or \ policy \ document \ at \ Concordia Plans. Quantum-Health.com.$

Common Medical Event	Services You May Need	What Yo Network Provider (You will pay the least)	ou Will Pay Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required.
surgery	Physician/surgeon fees	20% coinsurance after deductible	50% coinsurance after deductible	1 To continuation to required.
	Emergency room care		opayment, nce, deductible waived	Copayment waived if admitted within twenty-four (24) hours.
	Emergency medical		nergency: ter network deductible	
If you need immediate medical attention	transportation	Non-True Emergency: 20% coinsurance after deductible	Non-True Emergency: 50% coinsurance after deductible	none
	<u>Urgent care</u>	\$100 copayment, deductible waived	50% coinsurance after deductible	<u>Urgent care copayment</u> includes all services rendered during an <u>urgent care</u> visit, except for labs and x-rays. <u>Non-network</u> services apply to the <u>network</u>
If you have a hospital	Facility fee (e.g., hospital room)	20% coinsurance after deductible	50% coinsurance after deductible	deductible and out-of-pocket limit.
stay	Physician/surgeon fees	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required.
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Office Visits: \$30 copayment, deductible waived All Other Outpatient: 20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required for partial hospitalization and intensive outpatient programs. Includes six (6) annual Employee Assistance Program (EAP) visits per issue at no charge.
	Inpatient services	20% coinsurance 50% coinsurance after deductible after deduction		Pre-certification is required.

^{*} For more information about limitations and exceptions, call 1-833-740-3260 or see the <u>plan</u> or policy document at ConcordiaPlans.Quantum-Health.com.

Common		What Yo	u Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Medical Event Services You May Need		Non-Network Provider (You will pay the most)	Information
If you are pregnant	Office visits	Prenatal Care: No Charge, deductible waived* Postpartum Care: Primary Care Physician: \$30 copayment, deductible waived Specialist: \$40 copayment, deductible waived	Prenatal Care: 50% coinsurance after deductible Postpartum Care: 50% coinsurance after deductible	*Labs and x-rays rendered at a routine prenatal care office visit will fall to the lab/x-ray benefit. Cost sharing does not apply for preventive services. Depending on the type of services, a copayment, coinsurance, or deductible may apply.
	Childbirth/delivery professional services	20% coinsurance after deductible	50% coinsurance after deductible	Maternity care may include tests and services described elsewhere in the SBC (i.e.,
	Childbirth/delivery facility services	20% coinsurance after deductible	50% coinsurance after deductible	ultrasound).
If you need help recovering or have other special needs	Home health care	20% coinsurance after deductible	50% coinsurance after deductible	Calendar Year Limit: Ninety (90) days per plan participant. Pre-certification is required.
	Rehabilitation services	\$40 copayment, deductible waived	50% coinsurance after deductible	Calendar Year Limit: Twenty (20) visits each for physical, occupational, speech, and pulmonary rehabilitation. Thirty-six (36) visits for cardiac rehabilitation.
	Habilitation services	Applicable benefit as billed	Applicable benefit as billed	Limitations do not apply for rehabilitation billed with a mental health or substance use disorder diagnosis.
	Skilled nursing care	20% coinsurance after deductible	50% coinsurance after deductible	Calendar Year Limit: One hundred (100) days per plan participant. Pre-certification is required.

^{*} For more information about limitations and exceptions, call 1-833-740-3260 or see the <u>plan</u> or policy document at ConcordiaPlans.Quantum-Health.com.

Common Medical Event	Services You May Need	What Yo Network Provider (You will pay the least)	u Will Pay Non-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need help	Durable medical equipment	20% coinsurance after deductible	50% coinsurance after deductible	Pre-certification is required for all rentals and any purchase over \$1,500.
recovering or have other special needs	Hospice services	CNICE SETVICES	50% coinsurance after deductible	Respite care is limited to five (5) consecutive days at a time. Pre-certification is required.
If your child needs	Children's eye exam	No Charge, deductible waived	50% coinsurance after deductible	none
dental or eye care	Children's glasses	Not Covered		none
	Children's dental check-up	Not Covered		none

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (unless medically necessary)
- Acupuncture
- Bariatric Surgery

- Cosmetic Surgery
- Dental Care
- Infertility Treatment
- Long-Term Care

- Routine Eye Care
- Routine Foot Care
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)

- Chiropractic Care [Limited to twelve (12) visits per calendar year]
- Hearing Aids [Limited to one (1) hearing aid per ear up to \$2,000 every three (3) years for children up to age eighteen (18)]
- Non-Emergency Care When Traveling Outside the U.S (Limited to Global Core providers)
- Private-Duty Nursing

^{*} For more information about limitations and exceptions, call 1-833-740-3260 or see the <u>plan</u> or policy document at ConcordiaPlans.Quantum-Health.com.

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. You may also contact the Plan Administrator at 1-888-927-7526 or info@ConcordiaPlans.org. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. You may also contact the Care Coordinators to assist the plan administrator. The Care Coordinators' name, address, and telephone number are:

Quantum Health Care Coordinators Attention: Appeals 5240 Blazer Parkway Dublin OH 43017 1-833-740-3260

Additionally, a consumer assistance program can help you file your <u>appeal</u>. For information regarding your own state's consumer assistance program, refer to http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-833-740-3260.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-833-740-3260.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-833-740-3260.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-833-740-3260.

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

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^{*} For more information about limitations and exceptions, call 1-833-740-3260 or see the <u>plan</u> or policy document at ConcordiaPlans.Quantum-Health.com.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	\$40
■ Hospital (facility) cost sharing	20%
■ Other cost sharing	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$3,000	
Copayments	\$0	
Coinsurance	\$1,500	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$4,560	

\$12,700

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
■ Specialist copayment	\$40
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs
Durable medical equipment (alucose meter)

In this example, Joe would pay: Cost Sharing

Cost Sharing	
Deductibles	\$900
Copayments	\$800
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$1,720

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$3,000
Specialist copayment	\$40
■ Hospital (facility) cost sharing	20%
Other cost sharing	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

Durable medical equipment (crutches) Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

In this example, Mia would pay:

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Cost Sharing	
Deductibles	\$1,700
Copayments	\$300
Coinsurance	\$80
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,080

The plan would be responsible for the other costs of these EXAMPLE covered services.