Coverage for: Individual/Spouse/Child(ren)/Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-927-7526. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-888-927-7526 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: \$500/individual or \$1,000/family Out-of-network: \$1,000/individual or \$2,000/family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. This <u>plan</u> has an embedded <u>deductible</u> . If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>In-network preventive care</u> services are not subject to a <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. A <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	In-network: \$3,500/individual or \$7,000/family plus applicable copays Out-of-network: \$8,000/individual or \$16,000/family plus applicable copays	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket</u> <u>limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, penalties and health care this plan doesn't cover. In addition, certain specialty pharmacy drugs are considered non-essential health benefits and fall outside the out-of-pocket limits. The cost of these drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards your out-of-pocket maximum.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See https://www.bluecrossmn.com/concordia or call 1-800-810-BLUE (2583) for a list of network providers .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-network provider (You will pay the most)	Important Information	
	Primary care visit to treat an injury or illness	\$25 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$50 <u>copay</u> /visit <u>Deductible</u> does not apply.	None	
If you visit a health care provider's office	Specialist visit	\$25 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$50 <u>copay</u> /visit <u>Deductible</u> does not apply.	None	
or clinic	Preventive care/Screening/ immunization	No charge <u>Deductible</u> does not apply.	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	40% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	20% <u>coinsurance</u>	40% coinsurance	None	
	Generic drugs	Retail: \$10 copay/prescription Deductible does not apply. Mail: \$20 copay/prescription Deductible does not apply.	Retail: \$10 <u>copay</u> /prescription plus charge above <u>allowed</u> <u>amount</u> <u>Deductible</u> does not apply.	Covers up to a 30-day supply (retail pharmacy); 31 to 90-day supply (through Express Scripts mail order pharmacy or Walgreens only). Some medications require preauthorization or step therapy program adherence. Specialty	
If you need drugs to treat your illness or condition More information about prescription drug coverage is available by calling	Preferred brand drugs	Retail: \$25 copay/prescription Deductible does not apply. Mail: \$50 copay/prescription Deductible does not apply.	\$25 <u>copay</u> /prescription plus charge above <u>allowed</u> <u>amount</u> <u>Deductible</u> does not apply.	Drugs have to be purchased through Accredo, a specialty mail-order pharmacy available through Express Scripts, however, first fill is allowed at a retail pharmacy. Exceptions may apply. If a prescription is presented with a "dispense as written" (DAW) for a brandnamed drug but an equivalent generic drug is available, the member will pay the copay for the brand-named drug plus the difference in cost between the generic drug and the brand-named drug (penalty).	
1-888-927-7526	Non-preferred brand drugs	Deductible does not apply. above allowed amou	Retail: \$50 <u>copay</u> plus charge above <u>allowed amount</u> <u>Deductible</u> does not apply.		

Common	What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	Network Provider	Out-of-network provider	Important Information
		(You will pay the least)	(You will pay the most)	
				Certain specialty medications are
				eligible for the SaveOnSP program. Members who are taking eligible
				SaveOnSP medications will be
				requested to enroll in the program. If a
				member chooses not to participate in
				SaveOnSP, they will pay a higher cost
				share.
				For <u>Specialty Drugs</u> , see "Important Questions" regarding the plan's out-of-
				pocket limit.
If you have outpatient	Facility fee (e.g., ambulatory	20% coinsurance	40% coinsurance	None
surgery	surgery center)			
0 ,	Physician/surgeon fees	20% <u>coinsurance</u>	40% coinsurance	None
	Emergency room care	\$100 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$100 <u>copay</u> /visit <u>Deductible</u> does not apply.	Copay waived if admitted within 24 hours.
If you wood immediate	Emergency medical			
If you need immediate medical attention	<u>transportation</u>	20% <u>coinsurance</u>	20% <u>coinsurance</u>	None
	Hannat and	\$25 <u>copay</u> /visit	\$50 <u>copay</u> /visit	None
	<u>Urgent care</u>	Deductible does not apply.	Deductible does not apply.	
				Preauthorization required for all
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	40% coinsurance	hospital admissions. (Out-of-Network:
	(3.3.,)			\$500 penalty if <u>preauthorization</u> is not obtained.)
,	Physician/surgeon fees	20% coinsurance	40% coinsurance	None
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Common	Common What You Will Pay		Limitations, Exceptions, & Other	
Medical Event	Services You May Need	<u>Network</u> <u>Provider</u> (You will pay the least)	Out-of-network provider (You will pay the most)	Important Information
If you need mental health, behavioral	Outpatient services	\$25 <u>copay</u> /visit <u>Deductible</u> does not apply.	\$50 <u>copay</u> /visit <u>Deductible</u> does not apply.	No charge for laboratory tests, psychological testing, or other services. Includes 6 annual Employee Assistance Program (EAP) visits per issue at no charge.
health, or substance abuse services	Inpatient services	No charge Deductible does not apply.	No charge Deductible does not apply.	Preauthorization required for all hospital admissions. (Out-of-Network: \$500 penalty if preauthorization is not obtained.)
	Office visits	\$25 <u>copay</u> /pregnancy <u>Deductible</u> does not apply.	\$50 <u>copay</u> /pregnancy <u>Deductible</u> does not apply.	None
If you are pregnant	Childbirth/delivery professional services	No additional charge <u>Deductible</u> does not apply.	No additional charge Deductible does not apply.	Physician's charges for prenatal/postnatal care and delivery covered by one copay /pregnancy. Other services: deductible/coinsurance apply.
	Childbirth/delivery facility services	20% coinsurance	40% coinsurance	Preauthorization required for all hospital admissions. (Out-of-Network: \$500 penalty if preauthorization is not obtained.)
	Home health care	20% coinsurance	40% coinsurance	None
	Rehabilitation services	20% coinsurance	40% coinsurance	None
If you need belo	Habilitation services	20% coinsurance	40% coinsurance	None
If you need help recovering or have	Skilled nursing care	20% coinsurance	40% coinsurance	Up to 100 days/calendar year.
other special health needs	Durable medical equipment	20% coinsurance	20% <u>coinsurance</u>	Rental or purchase available dependent upon cost and duration. A preauthorization may apply for certain equipment.
	Hospice services	20% <u>coinsurance</u>	40% coinsurance	None
If your child needs dental or eye care	Children's eye exam	No charge Deductible does not apply.	50% coinsurance Deductible does not apply.	One exam/calendar year.
	Children's glasses	No charge Deductible does not apply.	50% coinsurance Deductible does not apply.	Lenses and/or frames covered once per calendar year.
	Children's dental check-up	No charge <u>Deductible</u> does not apply.	10% coinsurance Deductible does not apply.	Two check-ups/calendar year.

Excluded services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion (unless medically necessary)
- Contraceptives (unless <u>medically necessary</u>)
- Cosmetic Surgery
- Experimental & Investigational Procedures
- Infertility Treatment
- Long-Term Care

- Routine Foot Care (except for certain medical conditions)
- Weight Loss Programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (must be <u>medically necessary</u>, such as for chronic pain management or the prevention or treatment of nausea associated with surgery, chemotherapy, or pregnancy)
- Bariatric Surgery (preauthorization required)
- Chiropractic Care (limited to 26 visits/plan year)
- Dental Care (adult)
- Hearing Aids (cochlear and BAHA implants are covered; other aids available only for children under age 19)
- Non-Emergency Care Traveling Outside U.S. (<u>innetwork</u> benefits apply)
- Private Duty Nursing (requirements and restrictions apply to service and service <u>provider</u>)
- Routine Eye Care (adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. For more information on your rights to continue coverage, contact CPS at

1-888-927-7526 or *info@ConcordiaPlans.org*. Other coverage options may be available to you too, including buying individual insurance coverage through the <u>Health Insurance Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact CPS at 1-888-927-7526 or info@ConcordiaPlans.org. Additionally, a consumer assistance program can help you file your appeal. For information regarding your own state's consumer assistance program refer to http://www.cms.gov/CCIIO/Resources/Consumer-Assistance-Grants/.

Does this plan provide Minimum Essential Coverage? Yes

<u>Minimum Essential Coverage</u> generally includes <u>plans</u>, <u>health insurance</u> available through the <u>Marketplace</u> or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of <u>Minimum Essential Coverage</u>, you may not be eligible for the <u>premium tax credit</u>.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-793-6922.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-793-6922.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-793-6922.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-793-6922.

—————To see examples of how this **plan** might cover costs for a sample medical situation, see the next section.———

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700

In this example, Peg would pay:

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Cost sharing		
Deductibles	\$500	
Copayments	\$40	
Coinsurance	\$1,900	
What isn't covered		
Limits or exclusions \$6		
The total Peg would pay is	\$2,500	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

	Total Example Cost	\$5,600
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In this example, Joe would pay:

Cost sharing		
<u>Deductibles</u>	\$500	
Copayments	\$1,000	
Coinsurance	\$80	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,600	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$500
■ Specialist copayment	\$25
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost sharing	
<u>Deductibles</u>	\$500
<u>Copayments</u>	\$200
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$900