



# GRATITUDE BINGO

*Rejoice always, pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*  
1 Thess 5:16-18

	B	I	N	G	O
	 Enjoy some sunshine; thanking God for His renewed mercy.	 Try a new vegetable	 Send a thank you note	 Donate items you no longer need	 Practice good hand hygiene daily to protect yourself and loved ones
	 Send a message of gratitude to your friends, family or colleagues	 Start a gratitude journal	 Recycle items whenever possible	 Say HI to a stranger in passing	 Set a new goal
	 Listen to these songs: <u><b>Gratitude</b></u> <u><b>Goodness</b></u> <u><b>of God</b></u>	 Read Phil 4:6-8 & Col 3	 Try a new recipe	 Let someone go in line in front of you	 Donate to your favorite charity
	 Do something you've never done before	 Pick up litter	 Let someone else take that primo parking spot.	 Thank a pastor, teacher, or 1st responder	 Tell a friend what you love about their children.
	 Buy coffee for the person behind you in line.	 Read to a child	 Take the day off from social media	 Spend 10 min of quiet time with God for 3 days in a row	 Put your phone away during a visit with a friend or loved one