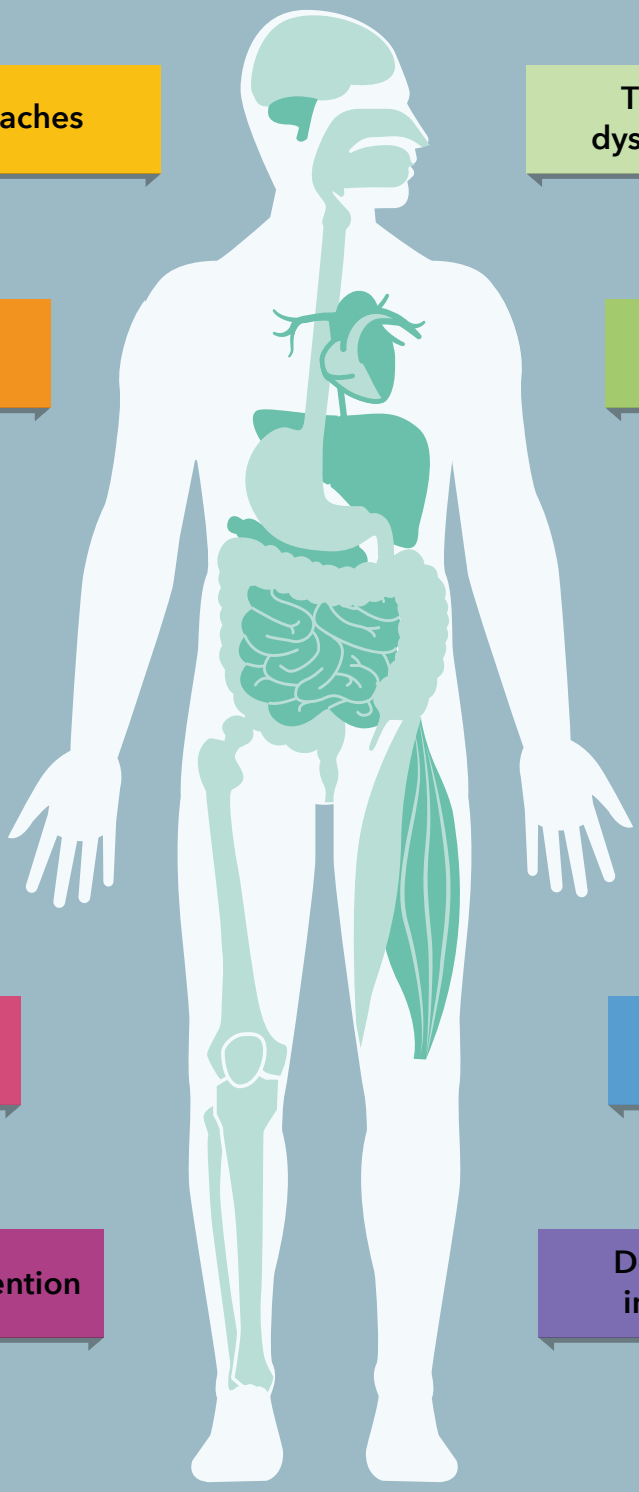
SIGNS OF THE (STRESSED) TIMES



- Headaches
- Depression and anxiety
- Stomach ache
- Slowed digestion
- Irritable bowel
- Bladder retention
- Thyroid dysfunction
- Elevated blood pressure
- Increased heart rate
- Central obesity
- Infertility
- Decreased immunity

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