



WELCOME TO YOUR COMPANY HEALTH PLAN

Healthcare providers know and trust the Blue Cross Blue Shield name in the U.S. and Bupa Global overseas. The power of those two brands gives members of Blue Cross Blue Shield Global access to one of the largest care networks in the world. That, coupled with high-touch services from GeoBlue creates a simplified, personalized international healthcare experience.

INTRODUCTION TO YOUR HEALTH PLAN



Important plan information and health tools

ACCESSING CARE



How to receive care throughout your journey

DEDICATED WELLNESS SUPPORT



Health and wellbeing services

SELF-SERVICE TOOLS



Convenient tools available on the Member Hub and mobile app

SUBMITTING A CLAIM



File a claim for reimbursement

This pamphlet contains a brief summary of the features and benefits for insured participants covered under your company health insurance. This is not a contract of insurance. Coverage is provided under an insurance policy under which your company is a participating company. The policy is underwritten by 4 Ever Life Insurance Company, Oakbrook Terrace, Illinois (policy form 54.1201/54.1205/54.1215). Complete information on the insurance is contained in the Certificate of Coverage which is on file with the company and is made available to all insured participants. If there is a difference between this program description and the certificate wording, the certificate controls.



INTRODUCTION TO YOUR HEALTH PLAN

IMPORTANT PLAN INFORMATION AND HEALTH TOOLS



Register for the GeoBlue Member Hub and mobile app to access important plan information

- Submit and track your claims
- Obtain electronic ID card(s)
- Locate providers worldwide through our global provider directory
- Access global health and safety tools including medical translations, drug equivalents and news and safety information

To register, visit **www.geo-blue.com** or download the GeoBlue app from the Apple or Google Play app stores. After you register you can use your log in information for both the website and app.

Two of the strongest brands in healthcare, placed right in your pocket

As a Blue Cross Blue Shield Global plan participant, you will receive two ID cards. Your Blue Cross Blue Shield Global ID card should be presented when accessing care within the U.S. and your Bupa Global ID card should be presented when accessing care outside the U.S.*

It is important to have your ID card(s) available when receiving healthcare services. Your cards can be accessed from multiple sources:

- Hardcopy ID cards will be mailed to you
- You can obtain an electronic version of your ID card on the Member Hub or mobile app
- You can request replacement ID cards through the Member Hub and mobile app. You can also contact customer service for assistance in requesting replacement ID card(s)

When you receive your ID cards, please check the information for accuracy. Please contact customer service if you find any errors.

Your ID card for use outside the U.S.



Your ID card for use within the U.S.



ID card images for illustration purposes only

Need help?

WE'RE AVAILABLE 24/7/365 TO ASSIST

Call the number on the back of your ID card.







FIND HEALTHCARE PROFESSIONALS OUTSIDE THE U.S. AND SCHEDULE APPOINTMENTS



Find a Provider

By using your Bupa Global ID card, you have access to one of the largest direct settlement networks outside the U.S.* Simply present your Bupa Global ID card at the point of treatment.

To find a nearby doctor or facility, visit the "Find Doctors and Hospitals Outside the U.S." section of the Member Hub on www.geo-blue.com or select "Provider Finder" in the app.

Outside of the U.S., you are free to see any physician you choose without a reduction of benefits. If you see a provider outside of the preferred provider** network, you may have to pay out of pocket for treatment and submit a claim for reimbursement.

Schedule an Appointment

To schedule an appointment, choose a provider or hospital through the Member Hub or mobile app. Contact them directly using the information in their profile. Most eligible treatment is settled directly with the physician or facility behind the scenes. Preferred providers have tools at the point of service to confirm your eligibility and benefits and facilitate direct payment. Direct settlement for outpatient (office-based) services is always at the option of the preferred provider.







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Medical Emergency?

In the event of a medical emergency you should go to the nearest physician or hospital immediately and present your ID card. **We're available 24/7/365** if you have any questions about your benefits or need assistance.



^{*}You are required to pay any applicable copayments, coinsurance or deductibles at the time of service.

^{**}Hospitals/facilities with this designation have agreed to accept direct settlement for inpatient services and may at their discretion accept direct settlement for outpatient services. Physicians and other non-facility providers will accept direct settlement in most instances for their services.





PRESCRIPTION MEDICATIONS, ASSISTANCE AND OTHER SERVICES **OUTSIDE THE U.S.**



Dental and Vision Services*

You are free to see any dental or vision care provider you choose. Check with your provider's office to see if they are willing to bill us directly. If so, they should send the claim form and invoice to:

GeoBlue, Attn: Claims Department, P.O. Box 1748, Southeastern, PA 19399-1748, USA. Email: claims@geo-blue.com Fax: +1-610-482-9623

If direct settlement is not an option, provide payment directly to the provider's office and then submit a claim for reimbursement.



→ Informed Choice Consultation

When unexpected medical complications affect our lives, sometimes a second opinion may confirm a diagnosis or treatment recommendation. Members can submit an Informed Choice request for additional medical advice from any of our local medical resources around the world.

Visit the "Informed Choice" section of the Member Hub at www.geo-blue.com.



Prescription Benefits

Prescription benefit coverage provided under the plan includes benefits for both retail pharmacies and a mail order prescription drug program. Use the international mail order program to fill your prescription medication(s), or pay for your prescription up front at a pharmacy and submit a claim for reimbursement. Not all members have access to all prescription drug services. Review your Certificate of Coverage for detailed benefit information. To learn more and download the appropriate forms, visit "Prescription Benefits" in the "Coverage & Benefits" section of the Member Hub at www.geo-blue.com.

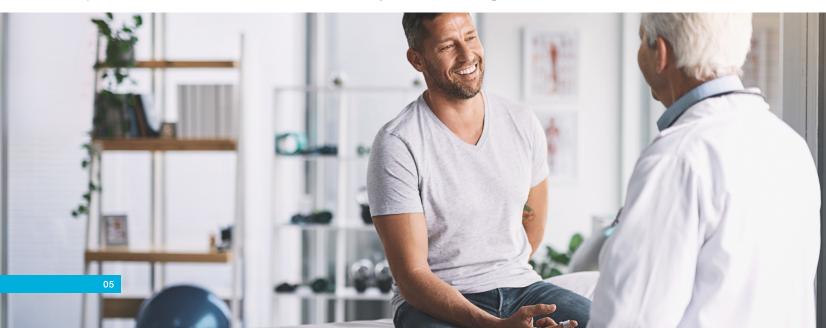


Chronic Care and Maternity Support

Let us arrange the best local resources to help manage cancer, heart disease, sports injuries, behavioral conditions and maternity.

Contact us 24/7/365 via the telephone number on the back of your ID card.

*Not all plans include benefits for dental and vision services. Please check your Certificate of Coverage which is available on the Member Hub.







FIND HEALTHCARE PROFESSIONALS WITHIN THE U.S. AND SCHEDULE **APPOINTMENTS**



Accessing Care

You have access to the leading Blue Cross Blue Shield network within the U.S., Puerto Rico and U.S. Virgin Islands. To find a doctor or facility, visit the "Find Doctors and Hospitals Inside the U.S." section in the Member Hub on www.geo-blue.com or select "Provider Finder" in the mobile app.

For assistance contact us 24/7/365 via the telephone number on the back of your ID card.



Scheduling an Appointment with a Blue Cross Blue Shield Provider

Call the provider to confirm they are in network and schedule your appointment. You will need to show the provider your ID card at the time of service.



Receiving Medical Services from an Out-of-Network Provider

This typically results in a higher coinsurance and may result in additional costs to you. If you receive care from an out-of-network provider, you may need to pay out of pocket and submit a claim for reimbursement. Click "How to File Claims" in the Member Hub on www.geo-blue.com to download the appropriate claim form.

Submit claims electronically using the mobile app or the "File an eClaim" link on the Member Hub.







Pre-Authorization

Pre-authorization is the process of determining in advance whether a procedure, treatment or service will be covered under your healthcare plan. It also helps ensure you get the right care in the right setting - potentially saving you from costly and unnecessary services.

For example, innovations in healthcare enable doctors to provide services that were once provided exclusively in an inpatient setting, in many different settings, such as an outpatient department of a hospital or a doctor's office.

WHO IS RESPONSIBLE FOR GETTING THE **PRE-AUTHORIZATION?**

In most cases, when you seek treatment from an innetwork provider, they will initiate the pre-authorization process. If you see an out-of-network provider, you are responsible for initiating the pre-authorization process. For more information regarding pre-authorization, please see the Certification Requirements and Pre-Authorization section in your Certificate of Coverage.

To request pre-authorization, please contact us at 1-800-952-3404.

24/7/365 multilingual support when you want it, help when you need it

CONTACT US ANYTIME FOR:

- Help locating providers
- Questions about accessing care or health concerns
- Medical evacuation/repatriation coordination
- Pre-departure assistance





PRESCRIPTION MEDICATIONS, ASSISTANCE AND OTHER SERVICES WITHIN THE U.S.



Prescription Benefits

Present your ID card at any participating pharmacy and you will be charged in accordance with your plan benefits.*



Dental and Vision Services**

You are free to see any dental or vision care provider you choose. Check with your provider's office to see if they are willing to bill us directly. If so, they should send the claim form and invoice to:

GeoBlue, Attn: Claims Department, P.O. Box 1748, Southeastern, PA 19399-1748, USA. Email: claims@geo-blue.com Fax: +1-610-482-9623

If direct settlement is not an option, provide payment directly to the provider's office and then submit a claim for reimbursement.



Maternity Management

The Baby Beginnings® program can help you manage your health when you're planning, expecting and after delivery with the support of experienced nurses. You'll have access to valuable wellness, nutrition and lifestyle resources designed to help you make wise health decisions before you become pregnant. Then take advantage of educational tools and personalized resources to manage your pregnancy and when you need support after the baby is born.***

For more information, please call 1-888-206-1315. If you are already enrolled in the program, you can also text BABY to 511411.

Important Terms

- Coinsurance: The percentage of the cost you are responsible for.
- Coinsurance Maximum: The maximum amount of coinsurance a member pays during the policy year for covered expenses. Limitations may apply.
- Copay or Copayment: The specific dollar amount you will pay at the time of service.
- **Deductible:** An amount you are responsible to pay for eligible expenses before the plan begins to pay.
- Explanation of Benefits (EOB): An EOB is not a bill, but a summary of how your claims were processed and what you may owe. Your healthcare professional may bill you directly for the remainder of what you owe.
- Out-of-Network Provider: A medical provider who is not contracted with Blue Cross Blue Shield companies. This typically results in a higher coinsurance and may result in additional costs to you.
- Out-of-Pocket Maximum: The most you pay during a policy period (usually a year) before your health insurance or plan begins to pay 100% of the allowed amount.

See your Certificate of Coverage for more details.



^{*}Certain limitations and exclusions apply to your coverage under this plan and may affect your coverage. Your Certificate of Coverage is on file with your company and in the Member Hub on www.geo-blue.com

Maternity management services are provided by AmeriHealth Administrators, Inc. on behalf of GeoBlue and are available inside the U.S. Services are provided by AmeriHealth Administrators, Inc., an independent company that is not affiliated with GeoBlue and does not provide Blue Cross or Blue Shield products or services. AmeriHealth Administrators, Inc. is solely responsible for case management services by providers. The evaluation and efficacy of any service delivered by a provider lies solely with the

^{**}Not all plans include benefits for dental and vision services. Please check your Certificate of Coverage which is available on the Member Hub.

^{***}Available until your baby is six weeks old.



DEDICATED WELLNESS SUPPORT

HEALTH AND WELLBEING SERVICES

We offer a variety of emotional, practical and physical support services for you and your dependents, helping to make transitions more comfortable and assignments more successful.



Emotional Support

- ✓ 24/7/365 clinical intake, message and referral service from triage to crisis intervention
- ✓ Short-term, solution-focused telephonic counseling sessions
- ✓ Aware program for those in need of a mindfulness-based stress reduction strategy
- ✓ Virtual group counseling for participants with similar presenting issues



Practical Support

- ✓ Work-life consultation and referrals for a nearly limitless range of topics including childcare, elder care and daily living
- ✓ Unlimited telephonic financial assistance from financial professionals
- ✓ Telephonic or in-person legal assistance and consultation with attorneys



Physical Support

✓ Wellness coaching and support for wellness initiatives, including weight loss, fitness, nutrition, stress management and overall lifestyle improvement

Employee Assistance Program (EAP)

For confidential assistance with any work, life, personal or family issue, you can talk to professional counselors for in-the-moment support and referrals to local resources around the world.

AVAILABLE ANY DAY, ANY TIME. CONTACT:

- Inside the U.S.: 1-877-249-4765
- Outside the U.S.: +44-208-987-6228
- support@worldwideassist.co.uk

Wellness Services

Set your baseline by taking the Health Assessment and then work to improve your wellness via a one-on-one telephone relationship with a Wellness Coach or by using one of the online programs to address issues related to fitness, weight, smoking and stress.

TO CONTACT A WELLNESS COACH:

- Inside the U.S.: 1-877-249-4752
- Outside the U.S.: +44-208-987-6229
- contactacoach@wellness-assist.com



SELF-SERVICE TOOLS

WHY USE THE GEOBLUE MEMBER HUB OR MOBILE APP?



Our digital tools put access to global healthcare right in your hands! Our hyper-personal interfaces provide relevant information based on your profile. There is a wide range of information available to you on the Member Hub, including:



Claim Submission and Status

Submit and track the status of your claims.



ID Card(s)

Obtain an electronic copy of your ID card(s) and request replacements.



Provider Directory

You can review profiles of preferred doctors and hospitals to find the best match, view their contact details and locate the office.



Medical Term Translations

Translation tool for common healthcare terms and phrases.



Medicine Equivalent Tool

Find country-specific equivalents for prescription and over-the-counter medications.



News and Safety Information

Receive push notifications and alerts detailing the latest security and health issues based on your location. You can also view country or city profiles on crime, terrorism and natural disasters.



Download the app today!

Download the app and log in using your username and password from **www.geo-blue.com** or register as a new user through the app using information from your ID card.









CLAIM SUBMISSION

HOW TO CLAIM

Whether you choose a preferred provider that we pay directly or pay up front for services and submit a claim for reimbursement, the claim process is quick and easy. Direct settlement is easier for us to arrange if you confirm your treatment with us first, or if you use a preferred hospital or healthcare professional.

Direct Settlement

Direct settlement is where we pay the provider directly, making things easier for you.



Pay and Claim

You pay up front for services and then submit a claim to us for reimbursement.

You should present your ID card when you receive treatment.

After you visit your treating provider, be sure to fill out a claim form in its entirety. A claim form can be found on the Member Hub.

We send the treating provider a verification statement.

We will also send a copy to you upon request.

Once you have received medical services and paid the treating provider, you should complete all sections of the claim form, include the original bills and receipts and send the claim to us.

The treating provider will ask you to review or complete paperwork, as appropriate. If you have coinsurance or a remaining deductible* on any benefit, you will need to pay this directly to the treating provider. The treating provider will then send your claim to us.

You can submit your claim online via the Member Hub or mobile app, or mail/fax it to us.

4 We pay the treating provider directly.

We reimburse you. If you have an annual deductible or a coinsurance applied to your claim we will reimburse you the cost of the claim minus the percentage of the coinsurance or the amount of the remaining annual deductible.

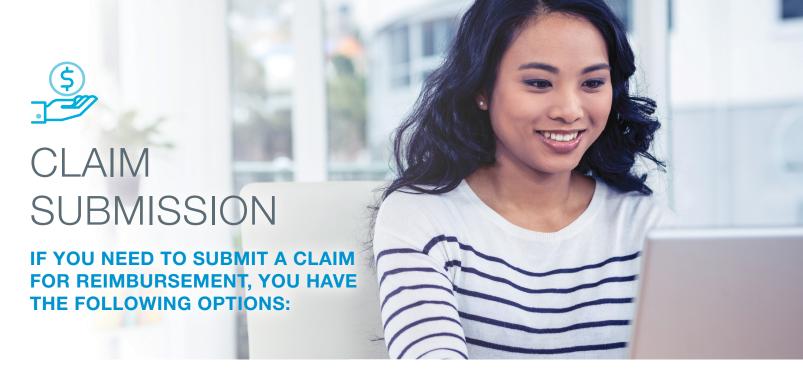
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We will send you an EOB*.

When we settle your claim, your benefits are paid in line with the limits shown in your Certificate of Coverage.

*Please see definitions on page 7.







eClaims

We recommend submitting your claims through the Member Hub or mobile app which are the quickest and most convenient ways. Your eClaims are saved in the claims section of the Member Hub. Choose Claims in the GeoBlue app or visit the "File an eClaim" section of the Member Hub.



Email and Fax

If you prefer to submit a claim via email or fax, a printable claim form and detailed instructions are available on the Member Hub.

Visit the "How to File Claims" section of the Member Hub on www.geo-blue.com and click "How do you file a claim with GeoBlue?" to download the appropriate claim form.



Postal Mail

If you prefer to submit a claim via postal mail, a printable claim form and detailed instructions are available on the Member Hub on www.geo-blue.com.

Visit the "How to File Claims" section of the Member Hub on www.geo-blue.com and click "How do you file a claim with GeoBlue?" to download the appropriate claim form.

Mail to: GeoBlue, Attn: Claims Department, P.O. Box 1748, Southeastern, PA 19399-1748, USA.

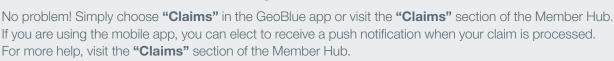
Follow these tips to speed up the claims reimbursement process:

- forget to sign it.
- ✓ Fill out a separate form for each doctor or
- ✓ Be sure to add a diagnosis or reason for
- ✓ Provide a detailed description and amount charged for each service.



Missing information on the claim form or supporting documentation may delay your claim reimbursement.

Need to Check the Status of your Claim?





Overview of Benefits

Schedule of Benefits

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Lifetime Maximum	Unlimited	Unlimited	Unlimited
The Percentage of Covered Expenses the Plan Pays	100%	85%	60% of the Maximum Reimbursable Charge
Maximum Reimbursable Charge	Not Applicable	Not Applicable	150% of Medicare Rates
percentage of Charges made by Procompiled in a database We have se	determined based on the lesser of the oviders of such service or supply in the elected. Note: The Provider may bill addition to applicable Deductibles an	e geographic area where the service ou for the difference between the Pro	is received. These Charges are
Calendar Year Medical Deductible			
Individual	\$350	\$350	\$700
Family Maximum	2 times the individual Deductible	2 times the individual Deductible	2 times the individual Deductible
	lividual Deductible and then their clair al Deductible being met, their claims v		nsurance; if the family Deductible
Out-of-Pocket Maximum			
Individual	n/a	\$1,750	\$4,650
Family Maximum	n/a	2 times the individual Out-of- Pocket Maximum	2 times the individual Out-of- Pocket Maximum
	lividual Out-of-Pocket and then their cet being met, their claims will be paid		ramily Out-of-Pocket has been met
Physician's Services			
Physician's Office Visit - Primary Care Physician	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Office Visit – Specialist	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Surgery Performed In the Physician's Office	100%, After Deductible	85%, After Deductible	60%, After Deductible
Second Opinion Consultations (provided on a voluntary basis)	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Allergy Treatment/Injections	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Preventive Care Routine Preventive Care – all ages Immunizations – all ages	100% not subject to Plan Deductible or Copayments 100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments 100% not subject to Plan Deductible or Copayments	60%, No Deductible 60%, No Deductible
Travel Immunization Calendar Year Maximum \$500	100%, No Deductible	100%, No Deductible	100%, No Deductible
Mammograms, PSA, PAP Smear and Colorectal Cancer Screenings	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
Lead Poisoning Screening Tests For Children under age 6	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
Inpatient Hospital – Facility/Professional Charges			
Bed and Board Charges	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Visits/Consultations	100%, After Deductible	85%, After Deductible	60%, After Deductible
Professional Services (Surgeon, Radiologist, Pathologist, Anesthesiologist)	100%, After Deductible	85%, After Deductible	60%, After Deductible
Inpatient Services at Other Heath Care Facilities			
Includes Skilled Nursing Facility, Rehabilitation Hospital and Sub-Acute Facilities	100%, After Deductible	85%, After Deductible	60%, After Deductible
Calendar Year Maximum of 120 day limit.			

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Ambulatory Surgical Services			
Operating Room, Recovery Room, Procedure Room, Treatment Room and Observation Room	100%, After Deductible	85%, After Deductible	60%, After Deductible
Professional Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
(Surgeon, Radiologist, Pathologist, Anesthesiologist)			
Emergency and Urgent Care Services			If You have a true Emergency Medical Condition, the benefits will be paid at the U.S. Participating Provider Rate
Hospital Emergency Room	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Professional Services (radiology, pathology and ER Physician)	100%, After Deductible	85%, After Deductible	60%, After Deductible
Urgent Care Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
X-ray and/or Lab performed at the Emergency Room or Urgent Care Facility (billed as part of the visit)	100%, After Deductible	85%, After Deductible	60%, After Deductible
X-ray and/or Lab performed at the Independent facility in conjunction with the Emergency Room visit	100%, After Deductible	85%, After Deductible	60%, After Deductible
Ambulance	100%, After Deductible	85%, After Deductible	60%, After Deductible
Laboratory and Radiology Services			
(includes pre-admission testing)			
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Independent X-ray and/or Lab Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Advanced Radiological Imaging (i.e. MRIs, MRAs, CAT Scans and PET Scans)			
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Independent Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Maternity Care/Obstetrical Services			
Physician's Office visit to confirm pregnancy	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Global Maternity Fee (Prenatal, Postnatal and Physician's delivery charge)	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Office visits in addition to the global maternity fee	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Laboratory, Radiology Services and or Advance Radiological Imaging	100%, After Deductible	85%, After Deductible	60%, After Deductible
Delivery Charges – Facility (Hospital, Birthing Center)	100%, After Deductible	85%, After Deductible	60%, After Deductible
Services of a Doula	100%, After Deductible	Not Covered	Not Covered
In home or facility up to 10 visits (pre and post-natal combined			
Termination of Pregnancy			
Medically Necessary	100%, After Deductible	85%, After Deductible	60%, After Deductible
Elective	Not covered	Not covered	Not covered

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Infertility Expenses – Basic			
Covered Expenses include Charges made by a Physician to diagnose and to surgically treat the underlying medical cause of infertility.			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
Family Planning/Contraception Management			
See benefit description for specific coverages			
For Women			
Physician's Office Visit	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
Inpatient Facility	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
Outpatient Facility	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
Physician's Services	100% not subject to Plan Deductible or Copayments	100% not subject to Plan Deductible or Copayments	60%, No Deductible
For Men			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Obesity/Bariatric Surgery			
Subject to Medical Necessity and Clinical guidelines for someone who is Morbidly Obese. Preauthorization is required			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
Organ Transplant Services			
Includes all medically appropriate, non-Experimental transplants. Pre-authorization is required			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
Lifetime Travel Maximum: \$10,000 per transplant	100% of Reasonable Expenses after Plan Deductible	100% of Reasonable Expenses after Plan Deductible	Not Covered
Nutritional Evaluation			
Calendar Year Maximum of 3 visit limit. Limit does not apply to treatment of diabetes or for services due to a mental health or substance abuse diagnosis.			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Nutritional Formulas	100%, After Deductible	85%, After Deductible	60%, After Deductible
Acupuncture Physician's office visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Chiropractic Care/Spinal Manipulations	4000/ 11 7 1 111	4000/ N. D. I. W. L. 207 0	
Physician's office visit Calendar Year Maximum of 50 visit limit.	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Telehealth	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Dental Services due to an Injury and Oral and Maxillofacial Treatment (Mouth, Jaws and Teeth)			
Limited Benefits – please see the benefit description for limitation on Dental Services due to an Injury			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
TMJ Treatment	100%, After Deductible	85%, After Deductible	60%, After Deductible
Diabetic Equipment	100%, After Deductible	85%, After Deductible	60%, After Deductible
Durable Medical Equipment	100%, After Deductible	85%, After Deductible	60%, After Deductible
External Prosthetic Appliances	100%, After Deductible	85%, After Deductible	60%, After Deductible
Wigs			
(for hair loss due to alopecia areata or cancer treatment)	100%, After Deductible	85%, After Deductible	60%, After Deductible
Calendar Year Maximum of \$500			
Mental Health			
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient (Includes Individual, Group and Intensive Outpatient)			

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Psycho-Educational Testing	100%, After Deductible	85%, After Deductible	60%, After Deductible
Substance Abuse Health			
Inpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Outpatient (Includes Individual, Group and Intensive Outpatient)			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Hearing Benefit One Examination per 12 month period	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Hearing Aid Benefit Up to \$1,000 per hearing aid unit necessary for each hearing impaired ear every 36 months	100%, After Deductible	85%, After Deductible	60%, After Deductible
Home Health Care Services Calendar Year Maximum of 120 visit limit.	100%, After Deductible	85%, After Deductible	60%, After Deductible
Private Duty Nursing Calendar Year Maximum of 120 visit limit.	100%, After Deductible	85%, After Deductible	60%, After Deductible
Hospice Care Services	100%, After Deductible	85%, After Deductible	60%, After Deductible
Infusion Therapy			
Outpatient Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Physician's Services	100%, After Deductible	85%, After Deductible	60%, After Deductible

Benefit Highlights	International	U.S. Participating Provider	U.S. Non-Participating Provider
Short Term Rehabilitative Therapy			
Calendar Year Maximum of 30 visit limit for all therapies combined.			
Physician's Office Visit	100%, No Deductible	100%, No Deductible, \$25 Copay	60%, No Deductible
Outpatient Hospital Facility	100%, After Deductible	85%, After Deductible	60%, After Deductible
Note: The Short Term Rehabilitative Therapy maximum does not apply to the treatment of autism.			

Prescription Drugs - Schedule of Benefits

Prescription Drugs Purchased Outside of the United States				
Retail Pharmacies or Drugs dispensed by a Physician or medical facility on an Outpatient basis – Copayments				
based on a one (1) month supply Tier 1 Prescription Drugs – Generic		\$10 Consument per Di	rescription or refill. Deductible does not apply.	
-		. , .		
Tier 2 Prescription Drugs – Preferred Brand		\$10 Copayment per P	rescription or refill. Deductible does not apply.	
Tier 3 Prescription Drugs – non Preferred Brand		\$10 Copayment per P	rescription or refill. Deductible does not apply.	
Mail Order Prescription Drugs using the Insurer's mail order Prescription Drug vendor – Copayments based on a three (3) month supply				
Tier 1 Prescription Drugs – Generic		\$30 Copayment per Prescription or refill. Deductible does not apply.		
Tier 2 Prescription Drugs – Preferred Brand		\$30 Copayment per Prescription or refill. Deductible does not apply.		
Tier 3 Prescription Drugs – non Preferred Brand		\$30 Copayment per Prescription or refill. Deductible does not apply.		
Prescription Drugs Purchased Inside	of the United State	s		
Retail Pharmacies or Drugs dispensed by a Physician or medical facility on an Outpatient basis – Copayments based on a one (1) month supply				
	Participating Re	tail Pharmacy	Non-Participating Retail Pharmacy	
Tier 1 Prescription Drugs – Generic	\$10 Copayment per Deductible does not	•	\$10 Copayment per Prescription or refill. Deductible does not apply.	

Tier 2 Prescription Drugs – Preferred Brand	\$30 Copayment per Prescription or refill. Deductible does not apply.	\$30 Copayment per Prescription or refill. Deductible does not apply.			
Tier 3 Prescription Drugs – non Preferred Brand	30% Copayment per Prescription or refill. Deductible does not apply. The Maximum Copayment per 1 month supply is \$150.	30% Copayment per Prescription or refill. Deductible does not apply. The Maximum Copayment per 1 month supply is \$150.			
Mail Order Prescription Drugs using the three (3) month supply	Mail Order Prescription Drugs using the Insurer's mail order Prescription Drug vendor – Copayments based on a				
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	Participating Provider Mail Order Pharmacy	Non-Participating Mail Order Pharmacy			
Tier 1 Prescription Drugs – Generic					
Tier 1 Prescription Drugs – Generic Tier 2 Prescription Drugs – Preferred Brand	Pharmacy \$30 Copayment per Prescription or refill.	Pharmacy			

Dental Services Rider

•	Calendar Year Maximum Combined Benefit for Diagnostic and Preventive Service, Basic Services and Major Services	\$3,000
•	Orthodontic Lifetime Maximum Limited to Covered Persons under age 19	\$1,500
•	Per Person Calendar Year Dental Deductible Not applicable to Diagnostic and Preventive Services	\$0
•	Family Maximum	\$0
•	Per Person Calendar Year Orthodontic Deductible	\$0
•	Diagnostic and Preventive Services	0%
•	Basic Services	20%
•	Major Services	20%
•	Orthodontic Services Limited to Covered Persons under age 19	50%

Vision Care Rider

Examinations One Eye Exam every 12 Consecutive months	100% coverage, not subject to any Deductible
Lenses & Frames One pair of glasses or contact lenses per 12 Consecutive months	100% coverage, not subject to any Deductible, up to a Maximum Benefit of \$250

Medical Assistance Rider

EMERGENCY MEDICAL EVACUATION	Maximum Benefit up to \$250,000
REPATRIATION OF MORTAL REMAINS	Maximum Benefit up to \$25,000
EMERGENCY FAMILY TRAVEL ARRANGEMENTS	Maximum Benefit up to \$2,500

IMPORTANT CONTACT INFORMATION

Contact us anytime, anywhere!

REACH US WORLDWIDE 24/7/365:



Outside the U.S. +1-610-230-2406



Toll-free within the U.S. **1-888-304-8898**



Email us through the **Member Hub** or mobile app





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